

# Wettkampf 7 - 400m Lagen weiblich

## Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Nordwestfälische Meisterin					
	Dolle, Victoria Katharina	2004	SG Gelsenkirchen	05:21,80	563
	100m: 01:06,90 (01:06,90)   200m: 02:31,95 (01:25,05)   300m: 04:07,56 (01:35,61) 400m: 05:21,80 (01:14,24)				
2.	Hutmacher, Nele	2006	SV Delphin Dorsten 1971 e.V.	05:28,50	530
	100m: 01:15,05 (01:15,05)   200m: 02:40,05 (01:25,00)   300m: 04:13,85 (01:33,80) 400m: 05:28,50 (01:14,65)				
3.	Jansen, Helena	2011	SG Gladbeck/Recklinghausen	05:35,79	496
	100m: 01:20,03 (01:20,03)   200m: 02:46,28 (01:26,25)   300m: 04:17,53 (01:31,25) 400m: 05:35,79 (01:18,26)				
4.	Wojtakowski, Isabella	2011	SG Gelsenkirchen	05:36,20	494
	100m: 01:17,77 (01:17,77)   200m: 02:40,43 (01:22,66)   300m: 04:19,91 (01:39,48) 400m: 05:36,20 (01:16,29)				
5.	Düker, Anja	2009	SG Gelsenkirchen	05:39,74	479
	100m: 01:16,96 (01:16,96)   200m: 02:47,12 (01:30,16)   300m: 04:28,54 (01:41,42) 400m: 05:39,74 (01:11,20)				
6.	Vogt, Myrtha	2012	SG Gladbeck/Recklinghausen - Kader	05:42,31	468
	100m: 01:12,56 (01:12,56)   200m: 02:42,90 (01:30,34)   300m: 04:27,81 (01:44,91) 400m: 05:42,31 (01:14,50)				
7.	Dahlke, Mia	2011	SG Gladbeck/Recklinghausen	05:43,38	464
	100m: 01:21,46 (01:21,46)   200m: 02:54,97 (01:33,51)   300m: 04:27,19 (01:32,22) 400m: 05:43,38 (01:16,19)				
8.	Krinke, Laura	2008	VFL Gladbeck 1921	05:44,29	460
	100m: 01:19,94 (01:19,94)   200m: 02:49,99 (01:30,05)   300m: 04:28,26 (01:38,27) 400m: 05:44,29 (01:16,03)				
9.	Stock, Angelina	2007	SG Gelsenkirchen	05:45,28	456
	100m: 01:13,76 (01:13,76)   200m: 02:43,80 (01:30,04)   300m: 04:24,75 (01:40,95) 400m: 05:45,28 (01:20,53)				
10.	Jürgens, Clara	2005	VFL Gladbeck 1921	05:48,32	444
	100m: 01:19,11 (01:19,11)   200m: 02:53,74 (01:34,63)   300m: 04:29,31 (01:35,57) 400m: 05:48,32 (01:19,01)				
11.	Bradtke, Belana	2010	SG Gladbeck/Recklinghausen	05:55,17	419
	100m: 01:17,67 (01:17,67)   200m: 02:53,16 (01:35,49)   300m: 04:35,01 (01:41,85) 400m: 05:55,17 (01:20,16)				
12.	Schwabe, Letizia	2006	SG Gelsenkirchen	06:00,14	402
	100m: 01:26,30 (01:26,30)   200m: 03:00,77 (01:34,47)   300m: 04:37,56 (01:36,79) 400m: 06:00,14 (01:22,58)				
13.	Abrahams, Tjara	2010	SG Gelsenkirchen	06:00,18	402
	100m: 01:26,02 (01:26,02)   200m: 02:57,72 (01:31,70)   300m: 04:37,28 (01:39,56) 400m: 06:00,18 (01:22,90)				
14.	Linke, Marlene	2012	SG Gladbeck/Recklinghausen - Kader	06:00,54	401
	100m: 01:30,17 (01:30,17)   200m: 03:05,00 (01:34,83)   300m: 04:38,59 (01:33,59) 400m: 06:00,54 (01:21,95)				
15.	Nowatzki, Lisa	1999	SV TuS 1925 Herten e.V.	06:03,50	391
	100m: 01:22,67 (01:22,67)   200m: 02:57,78 (01:35,11)   300m: 04:41,09 (01:43,31) 400m: 06:03,50 (01:22,41)				
16.	Langhans, Jule	2010	SV Rheine 68 eV.	06:05,08	386
	100m: 01:31,00 (01:31,00)   200m: 03:03,29 (01:32,29)   300m: 04:45,75 (01:42,46) 400m: 06:05,08 (01:19,33)				
17.	van Horn, Johanna	2004	Wfr. Atlantis Lembeck e.V.	06:05,52	384
	100m: 01:23,38 (01:23,38)   200m: 02:56,24 (01:32,86)   300m: 04:44,03 (01:47,79) 400m: 06:05,52 (01:21,49)				
18.	Ewering, Kim Louisa	2007	SV Rheine 68 eV.	06:05,71	384
	100m: 01:19,90 (01:19,90)   200m: 02:55,32 (01:35,42)   300m: 04:41,80 (01:46,48) 400m: 06:05,71 (01:23,91)				
19.	Löchte, Rieke	2009	SV Rheine 68 eV.	06:06,01	383
	100m: 01:17,24 (01:17,24)   200m: 02:52,17 (01:34,93)   300m: 04:43,30 (01:51,13) 400m: 06:06,01 (01:22,71)				

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### noch Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
20.	Janßen, Luisa Gabriella 100m: 01:31,30 (01:31,30)   200m: 03:03,44 (01:32,14)   300m: 04:47,45 (01:44,01) 400m: 06:06,16 (01:18,71)	2010	VFL Gladbeck 1921	06:06,16	382
21.	Overbeck, Cinja 100m: 01:21,32 (01:21,32)   200m: 03:01,60 (01:40,28)   300m: 04:42,63 (01:41,03) 400m: 06:07,32 (01:24,69)	2005	VFL Gladbeck 1921	06:07,32	379
22.	Sallermann, Marie 100m: 01:29,33 (01:29,33)   200m: 03:01,64 (01:32,31)   300m: 04:54,46 (01:52,82) 400m: 06:10,42 (01:15,96)	2010	SG SSF Marl-Hüls	06:10,42	369
23.	Sakowski, Darleen 100m: 01:30,73 (01:30,73)   200m: 03:01,76 (01:31,03)   300m: 04:49,02 (01:47,26) 400m: 06:12,96 (01:23,94)	2011	VFL Gladbeck 1921	06:12,96	362
24.	Arinir, Sophie 100m: 01:32,57 (01:32,57)   200m: 03:00,89 (01:28,32)   300m: 04:47,75 (01:46,86) 400m: 06:13,92 (01:26,17)	2011	SG Gladbeck/Recklinghausen	06:13,92	359
25.	Jörgens, Melina 100m: 01:29,91 (01:29,91)   200m: 03:12,85 (01:42,94)   300m: 05:00,81 (01:47,96) 400m: 06:20,70 (01:19,89)	2009	SVg Bottrop 1924 e.V.	06:20,70	340
26.	Koltaniuk, Kateryna 100m: 01:27,93 (01:27,93)   200m: 03:07,31 (01:39,38)   300m: 04:59,96 (01:52,65) 400m: 06:21,24 (01:21,28)	2012	SG Gelsenkirchen	06:21,24	339
27.	Szczygielski, Nila 100m: 01:30,82 (01:30,82)   200m: 03:08,87 (01:38,05)   300m: 04:58,83 (01:49,96) 400m: 06:23,77 (01:24,94)	2010	SVg Bottrop 1924 e.V.	06:23,77	332
28.	Jagielski, Lina 100m: 01:32,05 (01:32,05)   200m: 03:10,26 (01:38,21)   300m: 04:57,54 (01:47,28) 400m: 06:24,14 (01:26,60)	2013	SG Gladbeck/Recklinghausen	06:24,14	331
29.	Pillipp, Julia 100m: 01:35,23 (01:35,23)   200m: 03:14,93 (01:39,70)   300m: 04:57,34 (01:42,41) 400m: 06:25,33 (01:27,99)	2008	Schwimmverein Haltern	06:25,33	328
30.	Wigger, Frida 100m: 01:26,36 (01:26,36)   200m: 03:02,19 (01:35,83)   300m: 04:56,85 (01:54,66) 400m: 06:25,78 (01:28,93)	2011	Wfr. Atlantis Lembeck e.V.	06:25,78	327
31.	Renner, Maja Marie 100m: 01:29,51 (01:29,51)   200m: 03:10,93 (01:41,42)   300m: 04:57,41 (01:46,48) 400m: 06:33,14 (01:35,73)	2012	SG Gelsenkirchen	06:33,14	309
32.	Aydin, Josefine 100m: 01:41,25 (01:41,25)   200m: 03:16,15 (01:34,90)   300m: 05:05,26 (01:49,11) 400m: 06:33,74 (01:28,48)	2014	SG Gladbeck/Recklinghausen - Kader	06:33,74	307
33.	Laschke, Greta 100m: 01:37,27 (01:37,27)   200m: 03:20,87 (01:43,60)   300m: 05:13,18 (01:52,31) 400m: 06:39,30 (01:26,12)	2012	VFL Gladbeck 1921	06:39,30	295
34.	Wiling, Lena Marie 100m: 01:35,88 (01:35,88)   200m: 03:17,87 (01:41,99)   300m: 05:11,28 (01:53,41) 400m: 06:42,59 (01:31,31)	2010	SG Gelsenkirchen	06:42,59	288
35.	Rittstieg, Emma 100m: 01:34,79 (01:34,79)   200m: 03:17,36 (01:42,57)   300m: 05:12,34 (01:54,98) 400m: 06:44,23 (01:31,89)	2012	SV Greven	06:44,23	284
36.	Braun, Ina 100m: 01:32,45 (01:32,45)   200m: 03:18,12 (01:45,67)   300m: 05:17,47 (01:59,35) 400m: 06:45,50 (01:28,03)	2010	VFL Gladbeck 1921	06:45,50	281
37.	Harks, Greta 100m: 01:37,65 (01:37,65)   200m: 03:20,81 (01:43,16)   300m: 05:14,66 (01:53,85) 400m: 06:50,28 (01:35,62)	2010	Wfr. Atlantis Lembeck e.V.	06:50,28	272
38.	Henschel, Marie 100m: 01:41,76 (01:41,76)   200m: 03:31,72 (01:49,96)   300m: 05:22,95 (01:51,23) 400m: 06:56,50 (01:33,55)	2012	SVg Bottrop 1924 e.V.	06:56,50	260

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### noch Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
39.	Mioscka, Lilia	2012	SVg Bottrop 1924 e.V.	07:11,18	234
	<i>100m: 01:41,55 (01:41,55)   200m: 03:29,31 (01:47,76)   300m: 05:33,34 (02:04,03) 400m: 07:11,18 (01:37,84)</i>				
40.	Langer, Elena	2013	SVg Bottrop 1924 e.V.	07:28,06	208
	<i>100m: 01:41,93 (01:41,93)   200m: 03:37,06 (01:55,13)   300m: 05:40,85 (02:03,79) 400m: 07:28,06 (01:47,21)</i>				
	<u>nicht am Start</u>				
	Börsch, Johanna	2012	SG Gladbeck/Recklinghausen		
	Brauckmann, Mia	2011	SG Gladbeck/Recklinghausen		
	Budzinsky, Jil	2009	SG SSF Marl-Hüls		
	Conradi, Isabelle	2011	SG Gladbeck/Recklinghausen		
	Düker, Lisa	2009	SG Gelsenkirchen		
	Hintzen, Annabelle	2011	SG Gladbeck/Recklinghausen		
	Roos, Johanna	2012	Schwimmverein Haltern		
	Vittori, Sofia	2013	SG Gladbeck/Recklinghausen		
	<u>abgemeldet</u>				
	Reinwardt, Maya	2014	SV Rheine 68 eV.		

### Jahrgang 2014

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Nordwestfälische Jahrgangsmeisterin					
	Aydin, Josefine	2014	SG Gladbeck/Recklinghausen - Kader	06:33,74	307
	<i>100m: 01:41,25 (01:41,25)   200m: 03:16,15 (01:34,90)   300m: 05:05,26 (01:49,11) 400m: 06:33,74 (01:28,48)</i>				

### Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Nordwestfälische Jahrgangsmeisterin					
	Jagielski, Lina	2013	SG Gladbeck/Recklinghausen	06:24,14	331
	<i>100m: 01:32,05 (01:32,05)   200m: 03:10,26 (01:38,21)   300m: 04:57,54 (01:47,28) 400m: 06:24,14 (01:26,60)</i>				
2.	Langer, Elena	2013	SVg Bottrop 1924 e.V.	07:28,06	208
	<i>100m: 01:41,93 (01:41,93)   200m: 03:37,06 (01:55,13)   300m: 05:40,85 (02:03,79) 400m: 07:28,06 (01:47,21)</i>				

### Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Nordwestfälische Jahrgangsmeisterin					
	Vogt, Myrtha	2012	SG Gladbeck/Recklinghausen - Kader	05:42,31	468
	<i>100m: 01:12,56 (01:12,56)   200m: 02:42,90 (01:30,34)   300m: 04:27,81 (01:44,91) 400m: 05:42,31 (01:14,50)</i>				
2.	Linke, Marlene	2012	SG Gladbeck/Recklinghausen - Kader	06:00,54	401
	<i>100m: 01:30,17 (01:30,17)   200m: 03:05,00 (01:34,83)   300m: 04:38,59 (01:33,59) 400m: 06:00,54 (01:21,95)</i>				
3.	Koltaniuk, Kateryna	2012	SG Gelsenkirchen	06:21,24	339
	<i>100m: 01:27,93 (01:27,93)   200m: 03:07,31 (01:39,38)   300m: 04:59,96 (01:52,65) 400m: 06:21,24 (01:21,28)</i>				
4.	Renner, Maja Marie	2012	SG Gelsenkirchen	06:33,14	309
	<i>100m: 01:29,51 (01:29,51)   200m: 03:10,93 (01:41,42)   300m: 04:57,41 (01:46,48) 400m: 06:33,14 (01:35,73)</i>				
5.	Laschke, Greta	2012	VFL Gladbeck 1921	06:39,30	295
	<i>100m: 01:37,27 (01:37,27)   200m: 03:20,87 (01:43,60)   300m: 05:13,18 (01:52,31) 400m: 06:39,30 (01:26,12)</i>				

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### noch Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
6.	Rittstiegl, Emma	2012	SV Greven	06:44,23	284
	100m: 01:34,79 (01:34,79)   200m: 03:17,36 (01:42,57)   300m: 05:12,34 (01:54,98) 400m: 06:44,23 (01:31,89)				
7.	Henschel, Marie	2012	SVg Bottrop 1924 e.V.	06:56,50	260
	100m: 01:41,76 (01:41,76)   200m: 03:31,72 (01:49,96)   300m: 05:22,95 (01:51,23) 400m: 06:56,50 (01:33,55)				
8.	Mioscka, Lilia	2012	SVg Bottrop 1924 e.V.	07:11,18	234
	100m: 01:41,55 (01:41,55)   200m: 03:29,31 (01:47,76)   300m: 05:33,34 (02:04,03) 400m: 07:11,18 (01:37,84)				

### Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Nordwestfälische Jahrgangsmeisterin					
	Jansen, Helena	2011	SG Gladbeck/Recklinghausen	05:35,79	496
	100m: 01:20,03 (01:20,03)   200m: 02:46,28 (01:26,25)   300m: 04:17,53 (01:31,25) 400m: 05:35,79 (01:18,26)				
2.	Wojtakowski, Isabella	2011	SG Gelsenkirchen	05:36,20	494
	100m: 01:17,77 (01:17,77)   200m: 02:40,43 (01:22,66)   300m: 04:19,91 (01:39,48) 400m: 05:36,20 (01:16,29)				
3.	Dahlke, Mia	2011	SG Gladbeck/Recklinghausen	05:43,38	464
	100m: 01:21,46 (01:21,46)   200m: 02:54,97 (01:33,51)   300m: 04:27,19 (01:32,22) 400m: 05:43,38 (01:16,19)				
4.	Sakowski, Darleen	2011	VFL Gladbeck 1921	06:12,96	362
	100m: 01:30,73 (01:30,73)   200m: 03:01,76 (01:31,03)   300m: 04:49,02 (01:47,26) 400m: 06:12,96 (01:23,94)				
5.	Arinir, Sophie	2011	SG Gladbeck/Recklinghausen	06:13,92	359
	100m: 01:32,57 (01:32,57)   200m: 03:00,89 (01:28,32)   300m: 04:47,75 (01:46,86) 400m: 06:13,92 (01:26,17)				
6.	Wigger, Frida	2011	Wfr. Atlantis Lembeck e.V.	06:25,78	327
	100m: 01:26,36 (01:26,36)   200m: 03:02,19 (01:35,83)   300m: 04:56,85 (01:54,66) 400m: 06:25,78 (01:28,93)				

### Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Nordwestfälische Jahrgangsmeisterin					
	Bradtke, Belana	2010	SG Gladbeck/Recklinghausen	05:55,17	419
	100m: 01:17,67 (01:17,67)   200m: 02:53,16 (01:35,49)   300m: 04:35,01 (01:41,85) 400m: 05:55,17 (01:20,16)				
2.	Abrahams, Tjara	2010	SG Gelsenkirchen	06:00,18	402
	100m: 01:26,02 (01:26,02)   200m: 02:57,72 (01:31,70)   300m: 04:37,28 (01:39,56) 400m: 06:00,18 (01:22,90)				
3.	Langhans, Jule	2010	SV Rheine 68 e.V.	06:05,08	386
	100m: 01:31,00 (01:31,00)   200m: 03:03,29 (01:32,29)   300m: 04:45,75 (01:42,46) 400m: 06:05,08 (01:19,33)				
4.	Janßen, Luisa Gabriella	2010	VFL Gladbeck 1921	06:06,16	382
	100m: 01:31,30 (01:31,30)   200m: 03:03,44 (01:32,14)   300m: 04:47,45 (01:44,01) 400m: 06:06,16 (01:18,71)				
5.	Sallermann, Marie	2010	SG SSF Marl-Hüls	06:10,42	369
	100m: 01:29,33 (01:29,33)   200m: 03:01,64 (01:32,31)   300m: 04:54,46 (01:52,82) 400m: 06:10,42 (01:15,96)				
6.	Szczygielski, Nila	2010	SVg Bottrop 1924 e.V.	06:23,77	332
	100m: 01:30,82 (01:30,82)   200m: 03:08,87 (01:38,05)   300m: 04:58,83 (01:49,96) 400m: 06:23,77 (01:24,94)				
7.	Wilkling, Lena Marie	2010	SG Gelsenkirchen	06:42,59	288
	100m: 01:35,88 (01:35,88)   200m: 03:17,87 (01:41,99)   300m: 05:11,28 (01:53,41) 400m: 06:42,59 (01:31,31)				

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### noch Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
8.	Braun, Ina	2010	VFL Gladbeck 1921	06:45,50	281
	100m: 01:32,45 (01:32,45)   200m: 03:18,12 (01:45,67)   300m: 05:17,47 (01:59,35) 400m: 06:45,50 (01:28,03)				
9.	Harks, Greta	2010	Wfr. Atlantis Lembeck e.V.	06:50,28	272
	100m: 01:37,65 (01:37,65)   200m: 03:20,81 (01:43,16)   300m: 05:14,66 (01:53,85) 400m: 06:50,28 (01:35,62)				

### Jahrgang 2009

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Nordwestfälische Jahrgangsmeisterin					
	Düker, Anja	2009	SG Gelsenkirchen	05:39,74	479
	100m: 01:16,96 (01:16,96)   200m: 02:47,12 (01:30,16)   300m: 04:28,54 (01:41,42) 400m: 05:39,74 (01:11,20)				
2.	Löchte, Rieke	2009	SV Rheine 68 e.V.	06:06,01	383
	100m: 01:17,24 (01:17,24)   200m: 02:52,17 (01:34,93)   300m: 04:43,30 (01:51,13) 400m: 06:06,01 (01:22,71)				
3.	Jörgens, Melina	2009	SVg Bottrop 1924 e.V.	06:20,70	340
	100m: 01:29,91 (01:29,91)   200m: 03:12,85 (01:42,94)   300m: 05:00,81 (01:47,96) 400m: 06:20,70 (01:19,89)				

### Jahrgang 2008

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Nordwestfälische Jahrgangsmeisterin					
	Krinke, Laura	2008	VFL Gladbeck 1921	05:44,29	460
	100m: 01:19,94 (01:19,94)   200m: 02:49,99 (01:30,05)   300m: 04:28,26 (01:38,27) 400m: 05:44,29 (01:16,03)				
2.	Pillipp, Julia	2008	Schwimmverein Haltern	06:25,33	328
	100m: 01:35,23 (01:35,23)   200m: 03:14,93 (01:39,70)   300m: 04:57,34 (01:42,41) 400m: 06:25,33 (01:27,99)				

### Jahrgang 2007 und älter

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Nordwestfälische Jahrgangsmeisterin					
	Dolle, Victoria Katharina	2004	SG Gelsenkirchen	05:21,80	563
	100m: 01:06,90 (01:06,90)   200m: 02:31,95 (01:25,05)   300m: 04:07,56 (01:35,61) 400m: 05:21,80 (01:14,24)				
2.	Hutmacher, Nele	2006	SV Delphin Dorsten 1971 e.V.	05:28,50	530
	100m: 01:15,05 (01:15,05)   200m: 02:40,05 (01:25,00)   300m: 04:13,85 (01:33,80) 400m: 05:28,50 (01:14,65)				
3.	Stock, Angelina	2007	SG Gelsenkirchen	05:45,28	456
	100m: 01:13,76 (01:13,76)   200m: 02:43,80 (01:30,04)   300m: 04:24,75 (01:40,95) 400m: 05:45,28 (01:20,53)				
4.	Jürgens, Clara	2005	VFL Gladbeck 1921	05:48,32	444
	100m: 01:19,11 (01:19,11)   200m: 02:53,74 (01:34,63)   300m: 04:29,31 (01:35,57) 400m: 05:48,32 (01:19,01)				
5.	Schwabe, Letizia	2006	SG Gelsenkirchen	06:00,14	402
	100m: 01:26,30 (01:26,30)   200m: 03:00,77 (01:34,47)   300m: 04:37,56 (01:36,79) 400m: 06:00,14 (01:22,58)				
6.	Nowatzki, Lisa	1999	SV TuS 1925 Herten e.V.	06:03,50	391
	100m: 01:22,67 (01:22,67)   200m: 02:57,78 (01:35,11)   300m: 04:41,09 (01:43,31) 400m: 06:03,50 (01:22,41)				
7.	van Horn, Johanna	2004	Wfr. Atlantis Lembeck e.V.	06:05,52	384
	100m: 01:23,38 (01:23,38)   200m: 02:56,24 (01:32,86)   300m: 04:44,03 (01:47,79) 400m: 06:05,52 (01:21,49)				

## noch Wettkampf 7 - 400m Lagen weiblich

### noch Jahrgang 2007 und älter

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
8.	Ewering, Kim Louisa	2007	SV Rheine 68 eV.	06:05,71	384
	<i>100m: 01:19,90 (01:19,90)   200m: 02:55,32 (01:35,42)   300m: 04:41,80 (01:46,48)</i>				
	<i>400m: 06:05,71 (01:23,91)</i>				
9.	Overbeck, Cinja	2005	VFL Gladbeck 1921	06:07,32	379
	<i>100m: 01:21,32 (01:21,32)   200m: 03:01,60 (01:40,28)   300m: 04:42,63 (01:41,03)</i>				
	<i>400m: 06:07,32 (01:24,69)</i>				